



# SAFEGUARDING UPDATE

WITH SANDRA WISEMAN

TUESDAY 11TH OCTOBER 2022 • ISSUE 34

## Eating Disorders Resources (Beat)

Beat, the UK's eating disorder charity, has opened a new free e-learning platform for all school staff. SPOT (School Professionals Online Training) helps school staff with the information they need to recognise an eating disorder, refer a pupil for treatment, and support them through their recovery journey.

The platform provides interactive e-learning modules and webinar videos delivered by expert clinicians, as well as downloadable lesson plans and other resources.

Here:

<https://elearn.beateatingdisorders.org.uk/>

## Teaching Body Safety with Music (My Body is My Body Foundation)

'My Body is My Body' is an international, musical body safety programme for over 3s and is available in a number of languages.

Resources:

<https://www.mybodyismybody.com/>

## Sex and relationships education

The NSPCC and NASUWT, The Teachers' Union have published the results of a joint survey of 1,034 secondary school teachers in the UK. **Findings include:** 46% of secondary school teachers say they do not feel confident teaching sex and relationships education; 86% of teachers feel they need more resources and training in this area; 40% do not feel confident delivering lessons on pornography; and 19% feel very confident delivering lessons on harmful sexual behaviour and sexual harassment.

Read:

[https://www.nspcc.org.uk/about-us/news-opinion/2022/teachers-sex-relationships-education/?utm\\_source=Ades&utm\\_medium=email&utm\\_content=Half%20of%20secondary%20school%20teachers%20don%E2%80%99t%20feel%20confident%20delivering%20sex%20and%20relationships%20education&utm\\_campaign=20221003\\_KIS\\_CASPAR\\_October03](https://www.nspcc.org.uk/about-us/news-opinion/2022/teachers-sex-relationships-education/?utm_source=Ades&utm_medium=email&utm_content=Half%20of%20secondary%20school%20teachers%20don%E2%80%99t%20feel%20confident%20delivering%20sex%20and%20relationships%20education&utm_campaign=20221003_KIS_CASPAR_October03)

## Girls in custody

HM Inspectorate of Prisons for England and Wales (HMI Prisons) has published a thematic report looking at outcomes for girls in custody. The report focuses on 14 girls held in secure children's homes (SCHs) or a young offender institution (YOI) across England and Wales.

**Findings include:** girls were 83% more likely than boys to be assailants; and girls in custody were 12 times more likely to self-harm than boys, with staff often resorting to restraint to prevent this. The report highlights the urgent need for the cycle of self-harm and restraint to be addressed.

Report:

<https://www.justiceinspectorates.gov.uk/hmiprison/inspections/a-thematic-review-of-outcomes-for-girls-in-custody/>

## Children in care and care leavers

Research in Practice has published a report about the Bright Spots Programme, a partnership project between Coram Voice and the University of Oxford focusing on children in care and care leavers. The report analyses the views of 9,472 children in care and 4,280 care leavers. **Key findings include:** 97% of younger children aged four to seven years and 95% aged eight to ten years felt they were doing well in care, whereas wellbeing decreased as children got older, with 84% of young people in care (11 to 18 years) recording moderate to high wellbeing. Calls for local authorities to shift their focus to designing services with a clearer focus on children and young people's wellbeing.

Read:

<https://www.researchinpractice.org.uk/children/publications/2022/september/the-wellbeing-of-children-in-care-and-care-leavers-learning-from-the-bright-spots-programme-strategic-briefing-2022/>

## Draft Victims Bill

The Justice Committee has published a report analysing the Government's draft Victims Bill. The report explains that children who have experienced abuse can find it challenging to access support, including pre-trial therapeutic support. The report also discusses secondary victims of crime and calls for clarity around the rights of children born of rape.

Read:

<https://committees.parliament.uk/publications/28831/documents/174248/default/>

## The Contextual Safeguarding Young People's Podcast Series

The Contextual Safeguarding Young People's Podcast Series has been developed as part of the Scale Up Project and produced by Tanika Trent-McSherry. Featuring young people from across the London and National Scale Up sites, this is the first time you can hear young people sharing their views on all things related to Contextual Safeguarding. The series comprises of four episodes, each focusing on different contexts: schools, the role of social workers, friendships and peers and neighbourhoods.

Podcast:

<https://www.contextualsafeguarding.org.uk/blog/the-contextual-safeguarding-young-people-s-podcast-series/>

## Online safety

The Children's Commissioner for England has published findings from a survey of children and their parents on online safety. The report includes responses from 2,005 children and young people aged 8 to 17, and their parents. It finds that children are exposed to a range of harmful content online, including sexualised images, violent content, self-harm content and anonymous trolling. Half of children who had seen harmful content reported this to the platform they saw it on, with a quarter of children saying nothing happened in response.

Read:

<https://www.childrenscommissioner.gov.uk/2022/09/29/the-childrens-commissioner-publishes-digital-childhoods-a-survey-of-children-and-parents/>

## Self-generated child sexual abuse material

The Internet Watch Foundation (IWF) has launched their latest podcast episode exploring coerced self-generated child sexual abuse material. The episode includes contributions from police and law enforcement, people who have experienced grooming, and IWF professionals.

Read:

<https://saferinternet.org.uk/blog/iwf-launches-new-podcast-episode-of-pixels-from-a-crime-scene>

Podcast:

<https://www.iwf.org.uk/about-us/why-we-exist/our-podcast/>

## Children's wellbeing

The Children's Society has published a blog on how to speak with children and young people about wellbeing. The blog includes young people's views about what wellbeing means to them, and how adults can best approach them about it.

Read:

<https://www.childrenssociety.org.uk/what-we-do/blogs/how-to-speak-with-young-people-about-well-being>

## Harmful sexual behaviour

The CSA Centre has produced a new guide to support education professionals in responding to incidents of harmful sexual behaviour (HSB). The guide provides practical support for those in education settings to respond to children's needs and safety when incidents of HSB occur. The guide includes a safety plan template, and advice on how to communicate with children and their parents alongside other resources.

Resources:

<https://www.csacentre.org.uk/knowledge-in-practice/practice-improvement/safety-planning-in-education/>

## Safeguarding guidance

The Child Safeguarding Practice Review Panel in England has published new guidance setting out how they operate. The guidance is aimed at local safeguarding partners and professionals involved in child safeguarding. **Information is included on:** the Panel's role in learning and development and its approach to national reviews; the processes of notifying the Panel about serious incidents; and conducting and completing Local Child Safeguarding Practice Reviews.

Guidance:

<https://www.gov.uk/government/publications/child-safeguarding-practice-review-panel-practice-guidance>

## Forthcoming free safeguarding webinars for Autumn term 2022

**Online Safety** - Tuesday 11th October at 10am

**Domestic abuse** - Tuesday 18th October at 10am

**Pupil's Mental Health** - Tuesday 8th November at 10am

**Depression** - Tuesday 15th November at 10am

**Anxiety** - Tuesday 22nd November at 10am

**Self-harm and suicidal ideation** - Tuesday 29th November at 10am

**County lines** - Tuesday 6th December at 10am

**Knife crime** - Tuesday 13th December at 10am

For further information, please contact Jodie Richard.

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